



FleaHab invites surfers—live and virtual—to join in the first-ever 100 Waves Challenge!

Challenge runs November 1–30, 2020
100% proceeds benefits FleaHab Sober Living

SURF FOR RECOVERY

Together, we hope to raise \$50,000 with 100% proceeds benefiting FleaHab Sober Living. The first \$5,000 in donations will be matched. After the event, a drawing will be held for a week's night stay at a fabulous vacation home located 200 steps to Mitchells Beach in Santa Cruz!

HOW TO ENTER

There is no fee for entry. Each surfer (or team) sets a price per wave and gets sponsors. A suggested goal is \$250 or higher per surfer but all donations welcome.

- 1) Sign up at fleahab.org/100waves
- 2) Get as many people as you can to sponsor each wave you catch (\$5.00 and up)
- 3) Pick the best day in November for waves and your schedule
- 4) In one session catch as many waves as you can (keep track or have someone keep track)
- 5) Have sponsors pay on our website or send check to FleaHab, Inc. P.O. Box 1903, Capitola Ca 95010-1903
- 6) Have a lot of fun!

SIGN UP

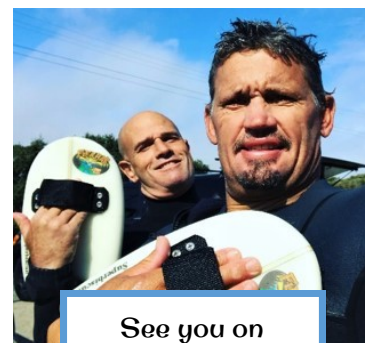
Go to www.fleahab.org/100waves and register online. **All contestants must submit a completed registration in order to participate in the challenge.**

SHARE YOUR STORY

Share your journey, show pics and videos of your waves and connect with other surfers, [#FleaHab100waves](https://twitter.com/FleaHab100waves)

MAKE A DONATION

Can't participate in the challenge but still want to help? Donate at fleahab.org



See you on the lane!

Fleahab.org/100waves



Pledge Form

Name _____ Price Per Wave _____
Email _____ Phone _____
Team Name (if applicable) _____ Team Captain _____

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Name	Donation	Phone Number	Paid